

JOIN THE CLUB

\$35/week — Cancel Anytime

Your monthly self-care, sorted.

Choose one treatment each month:

- Relaxation Facial
- Dermaplaning Facial
- Buccal Massage
- Brazilian Lymphatic Drainage Massage
- Swedish Relaxation Massage
- Signature Japanese Hair Spa

Plus you'll also receive:

- A FREE Red Bed session every month
- 10% off all retail products
- Access to exclusive offers & member-only events
- Priority booking privileges

T&Cs

- Unused treatments roll over
- Cancel anytime, no lock-in contracts
- You can book your 1st treatment once you've paid 4 weeks (\$140)
- Want to upgrade your treatment? Just pay the difference

CONTACT

📞 0414 604 055

🌐 www.the-gym.com.au

📷 [thegym.au](https://www.instagram.com/thegym.au)



Just tell them you went to

“the gym”

FACIALS

Relaxation Facial - 30min - \$135

Dermaplaning - 30mins - \$139

Microcurrent Facial - 60mins - \$169

Hydrodermabrasion - 40mins - \$179

Lymphatic Facial - 45mins - \$180

Signature Facial - 60mins - \$199

BB Glow - 60mins - \$225

Buccal Facial - 45mins - \$240

Ultimate Facial - 90mins - \$260

Microneedling - 45mins - \$249

Scalp Microneedling - 60mins - \$349

Collagen Facial (RF Face, Chin, Neck) - 1hr - \$399

Consultation with our Cosmetic Nurse - Free

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Laser Hair Removal (blondes welcome) - From \$49

Full Body Red Light Therapy - 20mins - \$80

Lash Lift & Brow Lamination - 90mins - \$216

Buy 5 of any treatment & get 1 free

BODY SCULPTING

Treatments Include Fat Cavitation, Area-Specific

Brazilian Lymphatic Drainage & RF Tightening

Hourglass (Tummy & Sides) - \$290

Booty (Glutes & Back of Thighs) - \$290

Inner Thighs (& Front of Thighs) - \$290

Triceps (Back of Arms) - \$290

Hourglass 360 (Hourglass & Back) - \$440

Thighs 360 (Full Thighs + Glutes) - \$440

Bride-to-be Bundle - 3.5hrs - \$890

Pure RF Chin & Jawline - 15mins - \$199

Pure RF Face - 15mins - \$199

Pure RF Breast Lift - 30mins - \$250

SPA

Swedish Relaxation Massage - 50mins - \$139

Hot Stone Massage - 60mins - \$180

Brazilian Lymphatic Drainage - 60mins - \$249

Signature Spa Day Package - 3.5hrs - \$499

Ultimate Spa Day Package - 5hrs - \$799

HAIR SPA

JAPANESE HAIR SPA

Signature Hair Spa - 45mins - \$189

Ultimate Hair Spa - 75mins - \$229

5min Blast Dry - Free

BLOW DRY & STYLING

Blow Dry - From \$55

Add Curls / Waves (After Blow Dry) - \$30

